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EDITORIAL

HELLO FELLOW TOASMATERS,

FROM THIS JULY, I WILL BE THE VPPR OF CVTM AND THE EDITOR OF THE NEWSLETTER. I AM SO EXCITED TO TAKE THE ROLE SHARING THE AMAZING CVTM JOURNEY FOR THE NEXT SIX MONTHS!

VIVIAN SUN

Meet Our New Members

The First Female District Governor

2010 marked reaching DTM (Distinguished Toastmaster). The same year she became a Division Governor. 2011 more District Officer roles were on the agenda and over the next 4 years she held the following positions - DPRO (District Public Relations Officer), LGM (Lieutenant Governor Marketing), LGET (Lieutenant Governor Education and Training) and finally, she was elected Governor of our District 17 for 2014 -2015. Her DTM No. 2 was achieved in 2013.

Who is this amazing lady?

In meeting 306, the speech “What A Gift” by Michele Naidu paid tribute to our President and District Governor, Robyn Richards, in an advanced speech entitled "What a gift". This speech was presenting an award from the Special Occasions Advanced manual.
### Roll of Honour

**Congratulations!**

- Phyll Lightbody - CL & ALB
- Emma O’Hehir - ALB
- Mike Palmer - CC
- Dennis Foo - CC
- John Cecchi - CC
- William Placanica - ALS
- Chandana Weerasekera - ALB

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### DCP Progress 2014-2015

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Meeting Highlights

Vivian gave her Ice Breaker speech in meeting 307, and showed her Calligraphy and Tea Set.

Wenxing delivered her first Inspiration in meeting 308 - The Commonwealth Bank Scandal.

Ronnie rehearsed her wedding speech about her best friend in meeting 308.

Robyn shared the concept of a Tribe in meeting 307: A multinational, family or an ethnic group? —We are a TRIBE!

People don’t care how much you know until they know how much you care—Andre did a workshop in meeting 305.

William read a birthday message to us that was written in Latin on an ancient tablet. In meeting 305.

Hippopotomonstrosesquippedaliophobia – a Big Word for Fear of Complicated words –Steve told us his horrible stories in meeting 308.
Circus Night @ Meeting 306

We walked into the meeting room filled with animals, clowns, dancing girls and a superb Ring Master, and my first thought was…. I didn’t know there was a theme for the meeting, neither did everyone else except our Toastmaster, Ringmaster, Elena!

Our Table Topics master, John Palmer threw us some challenging table topics – Robyn being the camera at the Grand Canyon, John C as the mirror in the ladies change room, Fiona as a Taxi in London, Mark with dressing options to impress the boss, and Huili as the refillable wine bottle.
Peter shared his thoughts of how “The World needs more Bricklayers” and blew us away with his memorable speech that he will be presenting at the Semi Finals of the World Championship of Public Speaking, which will be held during the Toastmasters International Convention in August. Even the recommendations given by some of the members were quite impressive.

Our Area Governor, Colin Hughes, was also present at the meeting and enjoyed the circus fun! He gave a short introduction about himself which was very motivational for the members.

We also had two special visitors tonight: Peter Law and Colin Hughes.
Club Officer Training

New club officers enjoy a wonderful day to learn about their upcoming role and learn from all the experienced members at Club Officer Training in July of 2014.

Division Governors delivered group training on several topics on how to develop a successful club

Area Governor meetings to discuss the upcoming events and exchange ideas.

Breakout Session for each officer’s role to understand their role and responsibilities as well as possible resources and support.
A mentor serves as a role model, coach, and confidante, offering knowledge, insight, perspective or wisdom useful to the mentee. This special help enables the mentee to learn and advance more quickly.

Being a mentor is a win/win situation. A mentor learns from his or her mentee as well as sharing insights. To do so is not only confirmation of one's own skills but it feels good to be helping somebody else.

Clubs also benefit as members become more involved in the club, members are more satisfied and are more committed to the club.

**Why not have a mentor?**

**Why not be a mentor?**

**Have you filled out a mentor interest survey?**

I am excited to have the opportunity to set up a mentoring program at CVTM.

**We all benefit - it is a win/win scenario.**

**Mentors get feedback on their skills.**

**Mentee get the support to succeed.**

Our club grows and retains happy members who are committed to being the 'best that they can be'.

Take that first step - fill our survey at your next meeting and give to Michele Naidu or Mark Richards VPE.

😊 **Don't miss out!**
Table Topics gives us an opportunity to practice speaking off-the cuff. Some people fear it. It feels like knots in your stomach, like you are clogged by a giant fur ball, like there’s a frog in your throat, or maybe you just feel chicken. It’s totally safe. It doesn’t matter if you speak eloquently or if you fall flat on your face.

Here’s an idea to exercise body language and listening skills. I call it ParaMimeE, where one person tells the story and a second person acts it out, like a real dummy… er… puppet.

The Table Topics Master reads each question. Everyone listens. Then select a speaker and a mimee. Those two people go to the front and begin. The aim of the storyteller is to think of images and actions that make the mimee become VERY active and have fun!

Here are a few other topic ideas:

I knew it was going to be a bad day when…
It was a dark and stormy night and I was home alone…
What do you love about downhill skiing?
Tell us about some of the sports you like at the summer Olympic games.
Tell us about all your feelings leading up to and during your Icebreaker speech.
You are camping. A bear enters your campsite. All you have is your bare hands. What happens?
What do you love about downhill skiing?
I recently watched the movie, “Quest For Fire,” about Neanderthal cave dwellers. Tell us about the daily life of a cave dweller. If you can’t remember back that far, just make it up.

Meet Our Toastmaster…..

Elena Lindgren

How has Toastmasters helped you in your job?
I have tried to use the CRC method to provide more constructive feedback to my co-workers (and even family members!)

What’s next for you in Toastmasters?
I am still a fairly new member and have lots to learn! My goal is to develop and improve my speaking and presentation skills to the level where I can be confident enough to enter one of the speech contests (maybe next year!)

Why did you join Toastmasters?
I joined TM to try to develop new skills to help me become a better communicator, especially in front of an audience and in impromptu situations.

Why did you join the committee and what do you expect as a committee member?
I was asked by a couple of club members if I would be interested in taking on any of the committee roles. I am always keen to help and felt that I could take on the Treasurer role, given that I could use some of my existing skills. It is obvious from my brief time in TM and some interactions with other clubs and their members, that Canning Vale TM is a very strong and well structured club. I would expect that my role, and that of other committee members, is to do the very best we can to support our club and its members so that Canning Vale continues to have the reputation as a strong, committed, but most of all, a "fun" club!

How long have you been a member?
I have been a member for about 4 months now.

What do you like best about Canning Vale Toastmasters?
Everyone is really friendly, supportive and generous in their feedback and support, especially to new members.

What do you do for a living?
I have worked as an Administrator in a variety of industries. Currently, I work as a Valuations Administrator for an auction house, and am also the administrator/bookkeeper for our own floor cleaning business.
Future Events

Humorous & Table Topics Contest
Humorous Contest will be held on 9th Sep and Table Topic Contest will be on 16th Sep. Get yourself ready for these exciting and fun activities for Toastmasters!

Speechcraft Course
It will be conducted in the city on Wed night from 6pm to 8pm commencing 3rd Sep to 8th Oct. Be part of this training and help to raise fund for your next Convention in Kalgoorlie 2015.

Annual Quiz Night
Fantastic fellowship, raffles, wine wall, pot of gold, many prizes, lots of fun… The Annual Quiz Night will be 17th Oct 2014. Details check out the district 17 website.

We meet every Tuesday 6.15pm
Canning Vale College Library
Dumbarton Road
P: 0407 851 361 (Robyn)
P: 0407 595 161 (Mark)
E: president@toastmasterscv.net

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